

# MYRTLE BEACH MARATHON



3/7/2026

Myrtle Beach, SC

## Athlete Guide



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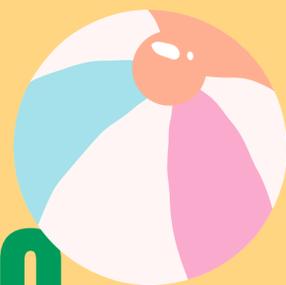
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VISIT  
*Myrtle Beach*

SOUTH CAROLINA

# RULES & REGULATIONS

## Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphone devices. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

## Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited. Anyone racing with another runner's bib will be disqualified.

## Can I register on race day?

Pending availability, registration will be open until 6:30 PM on Friday, 3/6/26.

## Is there a gear check this year?

No, we do not offer gear check

## Where do I get my race bib?

If you did not pay for bib mailing, you will need to attend packet pick-up.

## Can someone else pick up my race packet for me?

Yes, someone else can pick up your packet. They will need a copy of your ID (a photo is sufficient).

## Are strollers allowed on the course?

Strollers are not allowed on the course.

## Are pets allowed on the course?

Pets are not allowed on the course.

## Is the race USATF certified?

Yes, all distances are certified.

- Full Marathon: SC25003BDS
- Half Marathon: SC25002BDS

## Is this an open or closed course?

The course will be closed to traffic—please follow the directions of our volunteers, staff, and course signage on race day.

## What is the weather policy?

Races are held, rain or shine, unless we determine that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by race officials and local law enforcement officials. If the race is cancelled due to inclement weather, there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, Capstone Event Group reserves the right to alter, cancel or eliminate any/all portions of the race.

If there is inclement weather during the race, it is your responsibility as a race participant to follow instruction from race officials and law enforcement in regards to inclement weather. If you disregard instructions from race officials and/or law enforcement, you are doing so at your own risk.

## What is the time limit?

The time limit for each distance are as follows:

- The time limit for the marathon is 6:30, which is a 15 minute mile pace. This means 1:15 PM cut off.
- Half marathon: 3:15, which is a 15 minute mile pace. This means 10:00 AM cut off.
- The cutoff time is determined by our event permit, which permits us to use the roads, police, support, and other city resources for a specified period of time.
- When the course closes at the cutoff time, any remaining participants must move off the roads and onto a sidewalk. Anyone who decides to utilize the course route after the permitted time will not be considered an active participant and must follow pedestrian laws. Participants who do not meet the cutoff time will not receive an official time.

## What will happen to clothes left at the start line or on the course?

- Start Line: Clothes that are left at the start line will be donated or discarded. Clothes will not be returned to you after the race.
- Course: Please discard any unwanted clothes during the race at **aid stations**. Clothes left at aid stations will be donated. Clothes will not be returned to you after the race.

# ACCESSIBILITY GUIDE



## Handicap Parking

**Packet Pickup:** There is ADA Parking in the parking lot near The Hangout.

**Race Day:** If you need accessible parking on race day, please email us at [info@mbmarathon.com](mailto:info@mbmarathon.com) by 3/2/26 and we will assist you.

## Accessible Restrooms

**Starting Area:** There will be accessible portable toilets in the start area.

**On Course:** There will be accessible portable toilets at miles 2, 11, and 16.

## Race Start Times

- Elite Runners: 6:20 AM
- Full and Half Marathon: 6:35 AM
- Wheel Chairs: 6:30 AM

## Post-Race Party

Weather permitting, the Post-Race Party will be located on the field at the Pelican Stadium. Please follow the signs to the most assessable Field Access to the right of the main ballpark entrance.

# RACE SWAG!

This year's Myrtle Beach race swag is designed to capture the city's vintage charm while reflecting the fresh, modern energy it's embracing. The iconic SkyWheel serves as a centerpiece of the design, paying tribute to one of the area's most recognizable attractions. A softened, retro-inspired color palette brings in those classic coastal tones, while the navy shirt creates a bold contrast that allows the logo and design elements to truly stand out.

Participants will also receive a custom beach towel—perfect for sunny March race weekend and days by the water. Stylish, functional, and uniquely Myrtle Beach.

Make sure to grab your race swag before you head out—these goodies are available only on-site and will not be mailed afterward.

## Participant Shirt



## Marathon Medal



## Half Marathon Medal



## Beach Towel



# WHAT'S NEW IN 2026

We're always working to make race weekend even better, and this year brings some exciting updates you won't want to miss:

**Elite Invitational** | This year, Myrtle Beach is proud to host its first-ever Elite Invitational! The elite field will take off at 6:20 AM—come out early to cheer them on and see who will be the first to cross the line! 🏁

**New Start Line Location** | The start line has moved and will now be located in the parking lot of the Pelicans Ballpark. All runners must enter the start area from 21st Ave N.

**Distributing Award Medals on Race Day** | We're now giving age group awards on race day so you can celebrate your achievement immediately, enjoy the recognition in person, and share the moment with fellow runners.



# RACE DAY TERMS

## Race Bib

Your race bib has a timing chip on the back that records your start-to-finish time. On race day, wear your bib with the number facing forward, and don't bend or remove the chip.

## Start Line Chute

The start line chute is where runners gather before the race begins.

## Hydration Station

Hydration stations on the course will offer water, sports drinks, and portable toilets.

## Mile Markers

Mile markers are posted along the course. GPS devices may not align exactly with them.

## Finish Line Chute

The finish line chute is where runners collect their medal, water, and post-race snacks.

## Post-Race Party

A post-race party is a celebration held after the race where runners and supporters gather to enjoy food, drinks, and festivities to celebrate their accomplishments.



# RACE DAY ETIQUETTE

## Start Line

To keep everyone moving comfortably, please line up toward the back if you plan to walk or do a walk-run.

## Hydration Stations

At hydration stations, keep moving while grabbing your cup. If you need to stop, glance behind you or step to the side so everyone stays safe and flowing

## Passing

If possible, pass on your left and alert the runner by saying, "On Your Left."

## Respect Others

Avoid sudden stops or weaving; be predictable in your movements.

## Garbage

Please put all trash in the bins, not on the course.

## Follow Instructions

Listen to volunteers & race staff, and obey signs or course markings.

## Show Gratitude

Don't forget to thank the volunteers, police, and EMS who are helping make race day safe and fun!

## Finish Line

For everyone's safety, please keep moving through the finish line.



# RACE DEADLINES

| DEADLINE  | FORM   | DETAILS  |
|---|--|--|
| <p><b>REGISTRATION</b></p> <p>3/6/26<br/>at 6:30 PM EST</p>   | <p><a href="#">Join the fun!</a></p>         | <p>Registration will close one hour prior to the end of packet pickup, <b>unless the race sells out sooner.</b></p>  |
| <p><b>BIB MAILING</b></p> <p>1/30/26<br/>at 12:00 PM EST</p>  | <p>Form Closed</p>                           | <p>Only bibs and safety pins will be mailed to you. You will pick up your shirt &amp; beach towel at the post-race party.</p>  |
| <p><b>CHANGE DISTANCE</b></p> <p>3/6/26<br/>at 6:30 PM EST</p> <p>Distance changes are subject to availability.</p> | <p><a href="#">Change distance here!</a></p> | <p>You must fill out the change distance form online.</p> <p>Bib Mailers, if the bib you receive is for the incorrect distance, you will need to get a new one at packet pickup.</p> |
| <p><b>DEFERRAL</b></p> <p>2/25/26<br/>at 11:59 PM EST</p>   | <p>Form Closed</p>                           | <p>You will be issued a race credit for the amount you paid at registration (excluding handling fees) that can be applied toward next year's race or another Capstone Race.</p>      |

# BIB MAILING

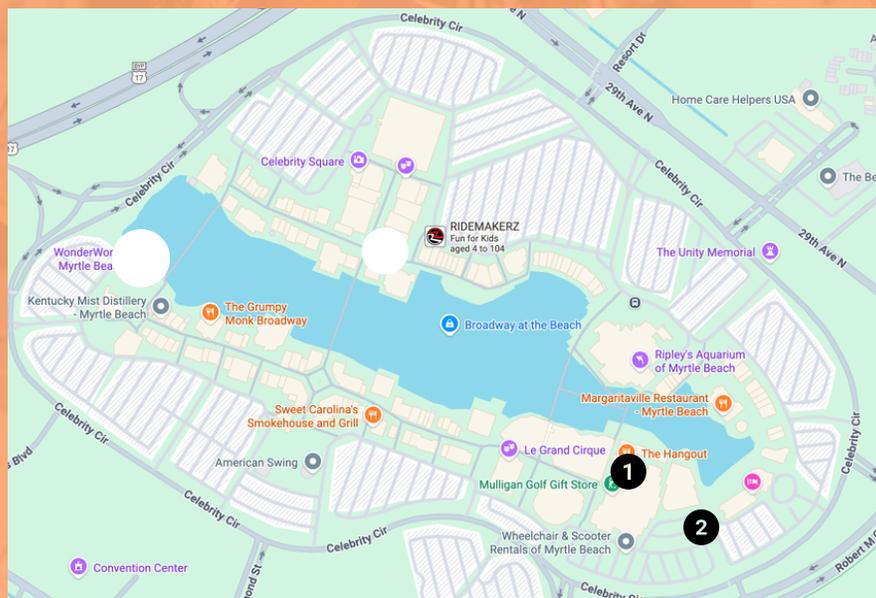
- Bib were mailed the week of 2/16/26 from our timing company Start2Finish. If yours hasn't arrived by 3/5/26, visit packet pick-up and head straight to customer service for assistance.
- If you changed distances after 1/30, check to make sure your bib reflects the distance change. If it doesn't, please visit the customer service at packet pickup for a new bib.
- You will pick up your race shirt and beach towel after the event at the post party in the Pelicans Stadium.

| Race Item         | Will Receive in the Mail | Will Pick Up AFTER the Race |
|-------------------|--------------------------|-----------------------------|
| Bib               | ✓                        |                             |
| Safety Pins       | ✓                        |                             |
| Participant Shirt |                          | ✓                           |
| Beach Towel       |                          | ✓                           |

# PACKET PICKUP

- **Location:** The Hangout | [1181 Celebrity Cir, Myrtle Beach, SC 29577](#)
  - Please note packet pickup will be outside, so please dress accordingly.
- **Date:** Friday, March 6, 2026 | 10:00 AM – 7:30 PM
- **Parking:**
  - There is ample parking near and around The Hangout at Broadway
- We use a reservation system to help keep lines short. Please select a 30-minute time slot and plan to arrive during that window. If you're picking up for multiple participants, you only need to reserve one time slot.
- At packet pickup, you'll receive your bib, shirt, and safety pins. You'll also have the opportunity to engage with our race sponsor and purchase official race merchandise!

## Packet Pickup Parking Map



1

Packet Pick-up Location | The Hangout

2

Closest Parking to Packet Pick Up

All parking at Broadway is free

# PACKET PICKUP FAQ

## Can someone else pick up my bib for me?

Yes, someone else can pick up your bib—just have them bring a copy or photo of your ID for verification.

## Will there be a packet pickup on race morning?

There will not be packet pick-up on race morning. Please make plans to attend beforehand, or have someone attend on your behalf.

## Will I be able to exchange my t-shirt size at packet pickup?

Shirts are distributed based on the size selected during registration, as we order inventory according to these selections. Size changes are not available at packet pickup. Limited size exchanges may be available beginning at 9:30 AM on race day, while supplies last.

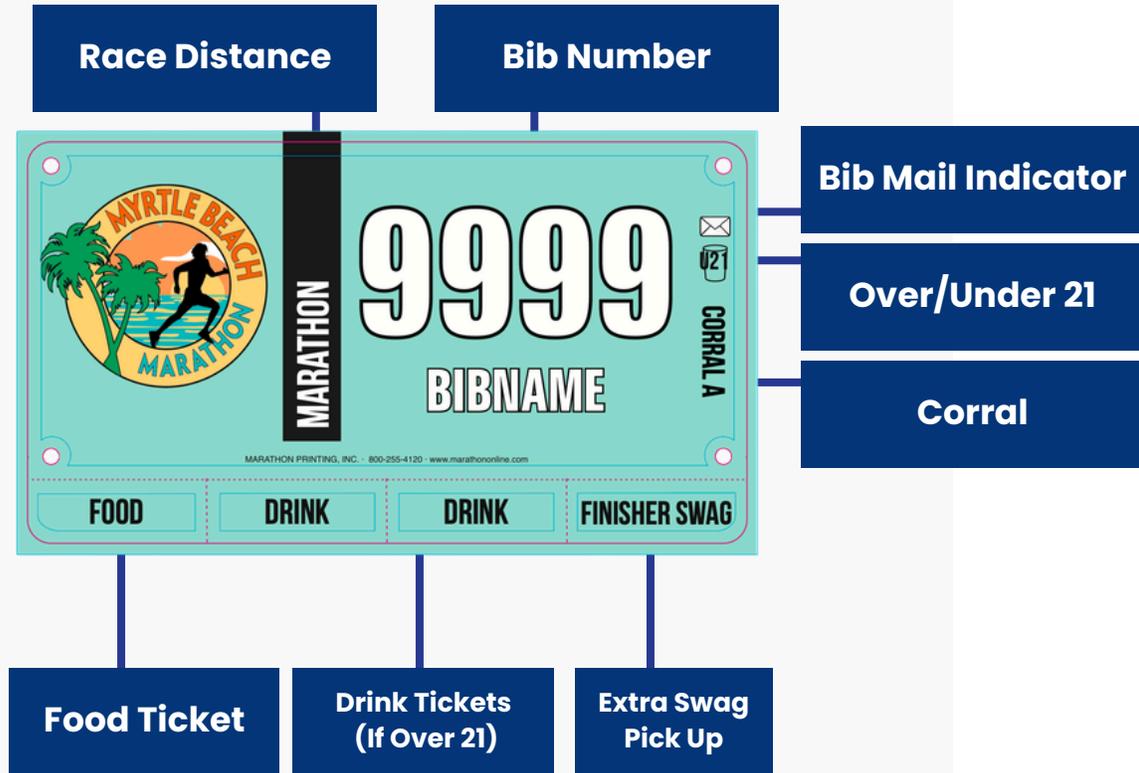
## If I am picking up bibs for multiple people, do I need to sign up for multiple reservation spots?

No, you only need to sign up for one slot if you are picking up bibs for multiple people.



# BIB GUIDE

All participants must wear their bib on the outside of their shirt with the race number facing forward.



## Half Marathon Bib

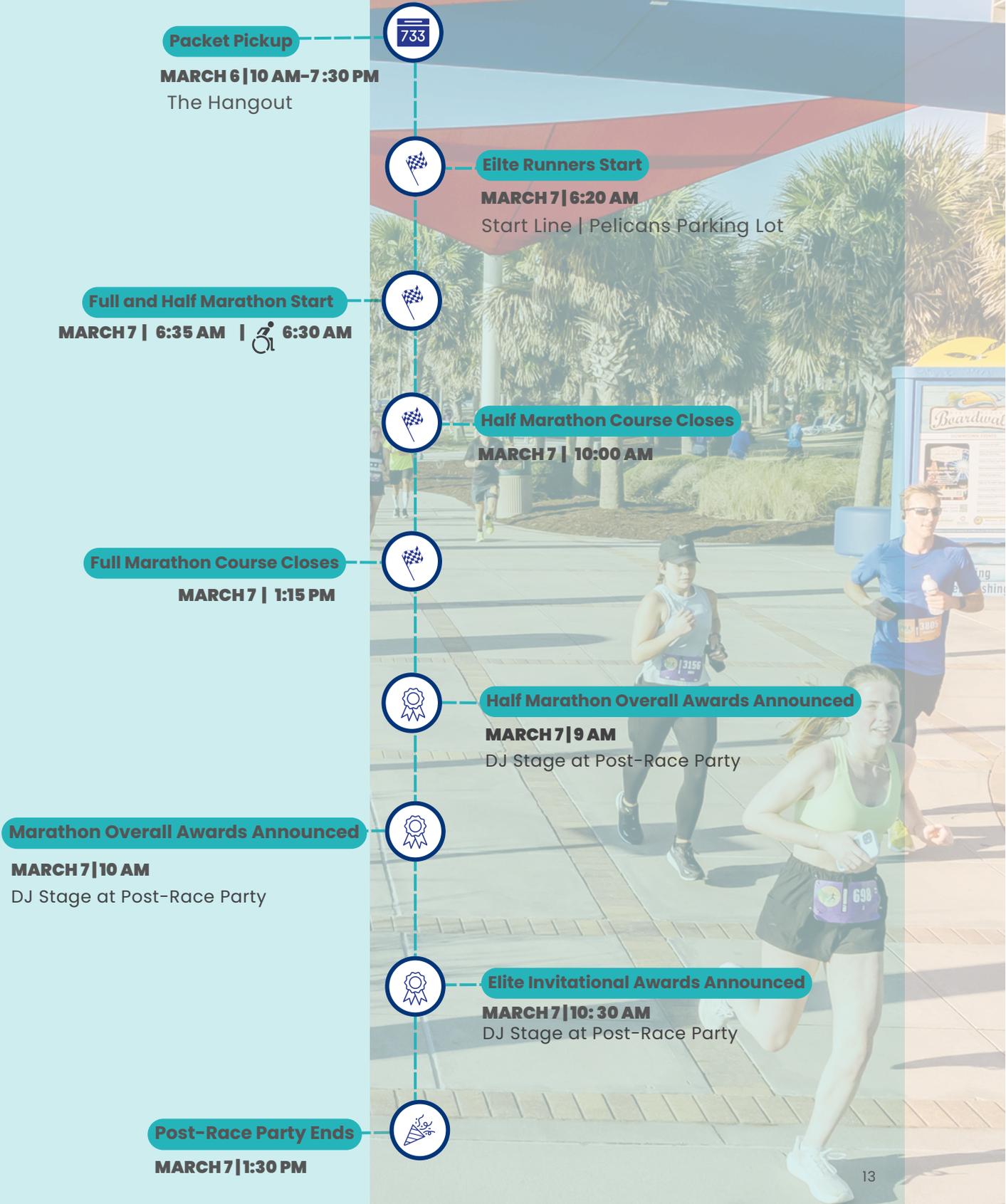


### Additional Bib Variables

**V10k:** If you participated in the Virtual 10k, your bib will note that on the back.

**Bless Your Heart Bling:** If you registered for both Charleston Half Marathon and Myrtle Beach Marathon, your bib will note that on the back.

# RACE WEEKEND TIMELINE



# RACE DAY PARKING

Broadway at the Beach | **1352 Celebrity Circle,**  
**Myrtle Beach 29577**

Race day parking for runners and spectators is available at Broadway at the Beach. There is ample free parking at Broadway, and it is a short walk (approximately 15 minutes) to the start line. Please be sure to read the road closures statement below on how to access Broadway on race day.

After parking, runners and spectators will walk south toward John Q Hammond St. and then cross over 21st street to get to the Pelicans Stadium.

Please plan to arrive at least 45 minutes prior to the start of the race to allow yourself time to go walk to the start line from the parking area.

**!** Race day parking will NOT be available for runners and/or spectators at the Pelicans Stadium.

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**!** On race morning, if you're coming from Ocean Blvd, Kings Hwy, or Bypass 17, please take 29th Ave North directly to Broadway at the Beach for parking.

- o Both 21st Ave North and Robert Grissom Parkway will close around 4:00 AM and will not be open to traffic.

Roads utilized for the race course will be closed and reopened on a rolling basis as runners pass through the course. For more information, please take a look at the road closure list on our website.

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**SUGGESTED DROP OFF LOCATIONS:** If you are using a ride-share or being dropped off on race morning, we recommend you enter Broadway at the Beach at **Resort Drive off of 29th Street.**

# RACE DAY PARKING MAP

## Getting to the Parking Area

Enter Broadway at the Beach using 29th Ave N.

You will be unable to enter Broadway at the Beach using Grissom Pk or 21st Ave due to road closures.

After parking, follow the dotted line toward John Q. Hammond Rd. to cross to Pelicans Stadium to get to the start area.



**P** Parking Lot at Broadway at the Beach

**START** Full & Half Start Line

**FINISH** Full & Half Finish Line

RUNNERS ONLY BEYOND THIS POINT

\*No spectators are allowed to enter the stadium until after 7AM

**ENTER** Entrance to Broadway at the Beach

**i** Customer Service

**Portables** Portable Toilets

**Party** Post-Race Party at Pelicans Ballpark! \*Weather Permitting

# PRE-RACE INFO

## Start Line

**Pelicans Parking lot of Pelicans lot | 1251 21st Avenue North, Myrtle Beach, South Carolina 29577**

## Start Time

- Saturday, March 7, 2026
  - Elite: 6:20 AM
  - Full & Half Marathon: 6:35 AM | Wheelchair Division 6:30 AM

## Packet Pick-Up

### Location: The Hangout

- Friday, 3/6 | 10 AM–7:30 PM
- Packet pickup is unavailable on race day. Please plan accordingly.

## Portable Toilets

Portable toilets will be located in the parking lot of the Pelicans Stadium on your way to the start line.

## Customer Service

Pre-Race: In front of Pelicans Stadium | 5:45 AM – 7:30 AM

Post-Race: Inside Pelicans Stadium | 8:15 AM – 1:30 PM  
\*Weather permitting

## Pacers

We plan to offer the following pace groups. Please look for the pacers (holding a flag with the pace on it) in the start line chute.

**Marathon:** 3:00, 3:15, 3:30, 3:45, 4:00, 4:15, 4:30, 4:45, 5:00, 5:15, 5:30

**Half:** 1:30, 1:45, 2:00, 2:15, 2:30, 2:45, 3:00

Our pacers are dedicated volunteers who generously donate their time to support runners on race day. While they will do their very best to maintain their assigned pace, exact pacing cannot be guaranteed.

# PRE-RACE INFO

## Corrals

- Runners will be divided into 2 corrals (A & B) based on the estimated pace selected at registration.
- To ensure the safety and enjoyment of all participants, *walkers should line up toward the back of the start line chute.*

## Corrals Guidelines

- Corral assignments will be printed on your race bib.
- Please line up in the corral that you are assigned.
- Corral B will be the first corral when entering the shoot.
- There will be signage dividing the corrals in the start line chute.
- Please have your bib fastened to you and visible before you enter the corral.
- If you are assigned Corral A but are unable to access Corral A, please start with Corral B. Your chip time will not be impacted based on the corral in which you start.
- To improve safety, crowding, and the overall race experience, we ask that you follow these instructions when lining up in the starting chute.

## Gear Check

Due to the close proximity and availability of parking at the start, gear check will not be available on race morning. Runners are encouraged to leave personal belongings in their vehicles or with family/friends.

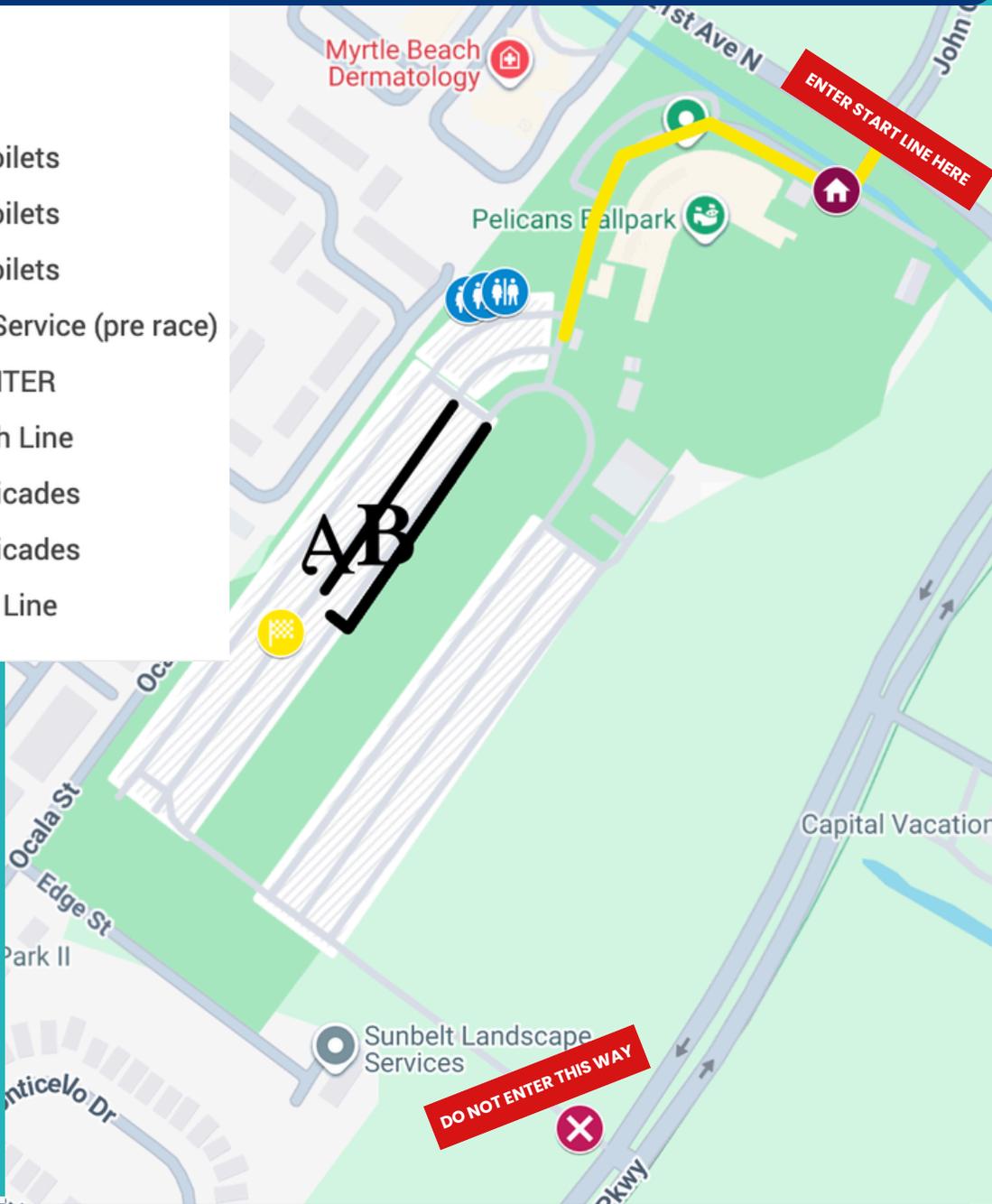
## Predictive Tracking

Predictive tracking will be available on race day. To track a participant, please visit the [results page](#). Details about how to track a participant will be available on the results page on race day.

# PRE-RACE MAP

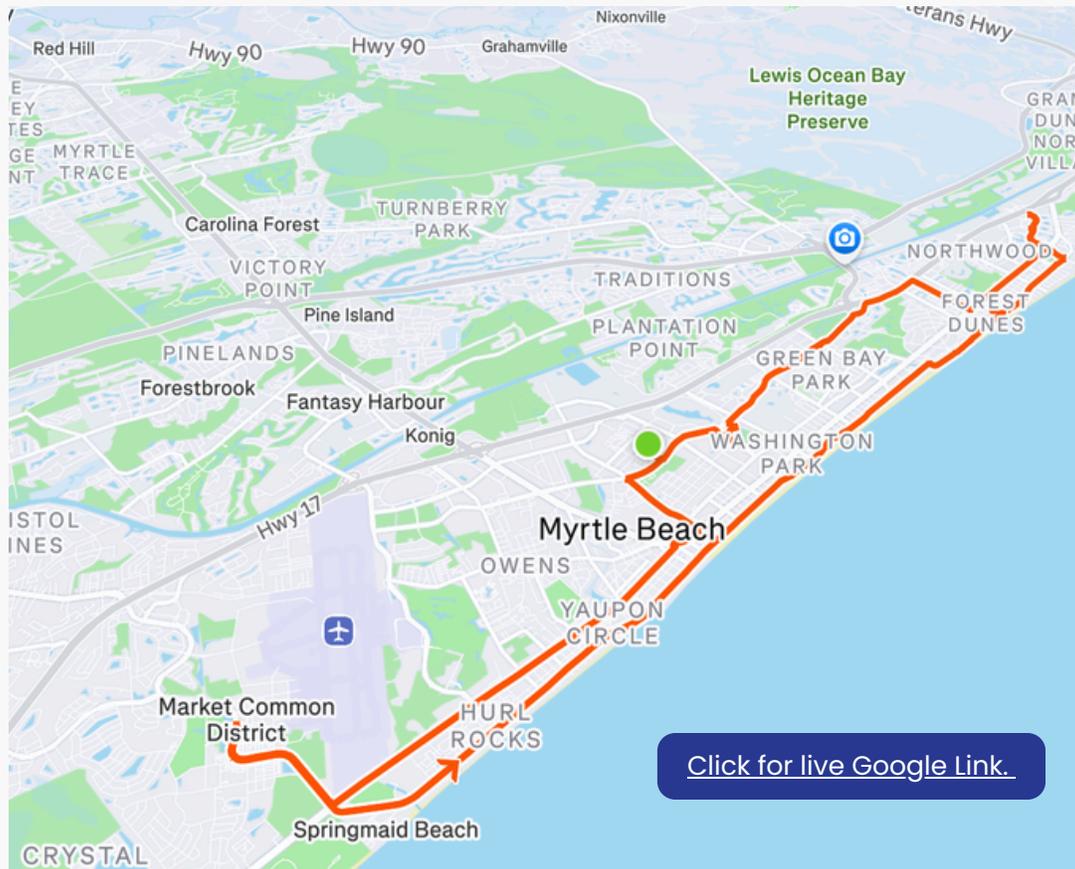
Only runners will be allowed to enter the Pelicans stadium to get to the start line. **Please have your bib ready to show attendants.** Spectators will NOT be allowed at the start line.

- A** Corral A
- B** Corral B
-  Portable Toilets
-  Portable Toilets
-  Portable Toilets
-  Customer Service (pre race)
-  DO NOT ENTER
-  Start/Finish Line
-  Corral Barricades
-  Corral Barricades
-  Enter Start Line



[Click map for interactive Google Map of pre-race locations.](#)

# MARATHON COURSE MAP



## Hydration Stations

Marathon runners will find 12 hydration stations along the course to help keep you fueled and hydrated. Station locations are approximate and listed rounded to the nearest 0.25 mile.

**Location:** Mile 2, 4, 6, 8.5, 10, 11.5, 14.5, 16, 18.5, 20.5, 22.5, 24.5

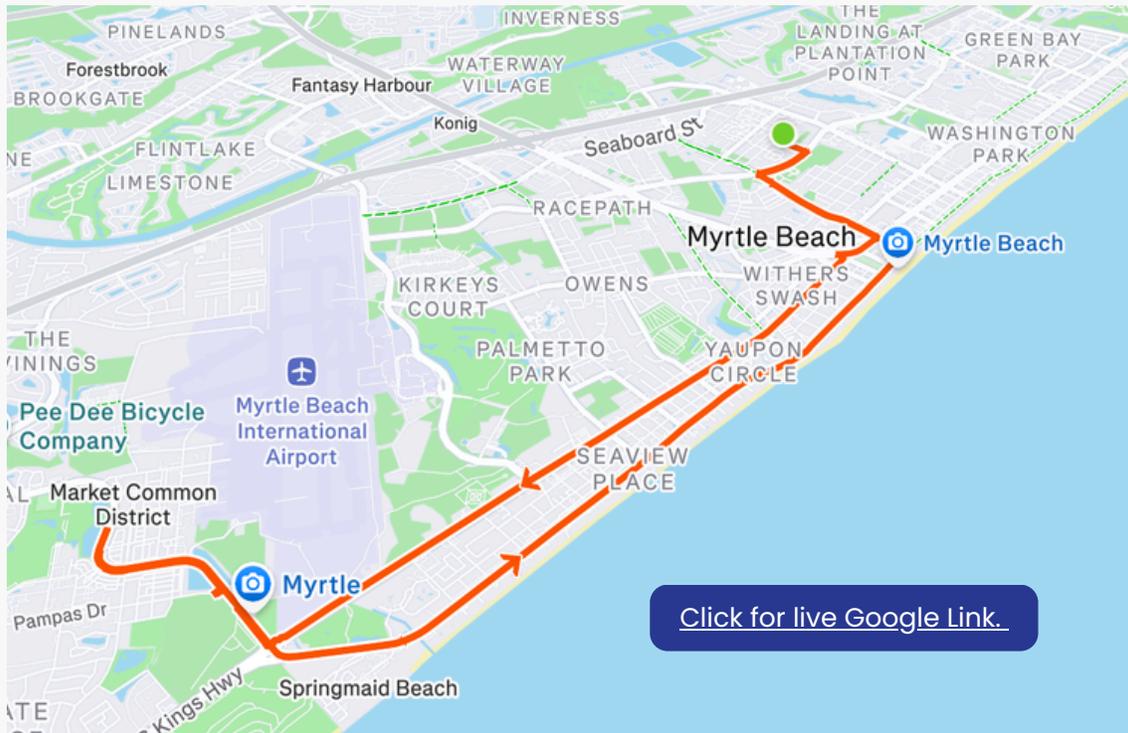
## On Course Hydration & Fuel

Water & Gatorade will be provided at all aid stations.

**Gu will be offered at mile 8.5, 14.5, 20.5.**

Portable toilets will be available at each hydration station.

# HALF MARATHON COURSE MAP



## Hydration Stations

Half marathon runners will find 6 hydration stations along the course to help keep you fueled and hydrated. Station locations are approximate and listed rounded to the nearest 0.25 mile.

**Locations:** Mile 2, 4, 6, 8.5, 10, 11.5

## On Course Hydration & Fuel

Water & Gatorade will be provided at all aid stations.

**Gu will be offered at mile 8.5**

Portable toilets will be located at each aid station.

# Spectator Locations

We have highlighted many great spectator locations below. We encourage all spectators to create a spectating plan using the course map, locations listed below, and road closures document before race day. Please be respectful of all our runners.

Spectators will NOT be allowed in the start zone or at the start line.

|                  | Location  | Half | Full |
|------------------|---|------|------|
| Around Mile 1    | Myrtle's Market (Corner of Mr. Joe White and Kings Hwy) | ✓    | ✓    |
| Around Mile 5    | Warbird Park on Farrow Pkwy                             | ✓    | ✓    |
| Around Mile 6.5  | 1220 Moser Dr in The Market Common                      | ✓    | ✓    |
| Around Mile 12   | Plyler Park (N. Ocean Blvd/10th Ave N)                  | ✓    | ✓    |
| Around Mile 13   | 29th Av. N. & N. Ocean Blvd.                            |      | ✓    |
| Around Mile 19.5 | 76th Ave. N. & Kings Hwy.                               |      | ✓    |
|                  | Finish Line at Pelican's Stadium                        | ✓    | ✓    |

[Click here to view recommended spectator locations.](#) Please note that some areas overlap, so plan accordingly.



# POST-RACE PARTY

**Location** Parking Lot of the Pelicans Stadium | *Just steps from the finish line!*

**Hours** 7:00 AM - 1:30 PM

**Details** After you cross the finish line, celebrate your accomplishment at the Pelicans Ballpark—just steps from the finish! Meet up with friends & family to enjoy the post-race party featuring beer (ID required), pizza, sponsor tents, official merch, finisher snacks, and more. It's the perfect spot to relax, refuel, and soak in the energy of race day!

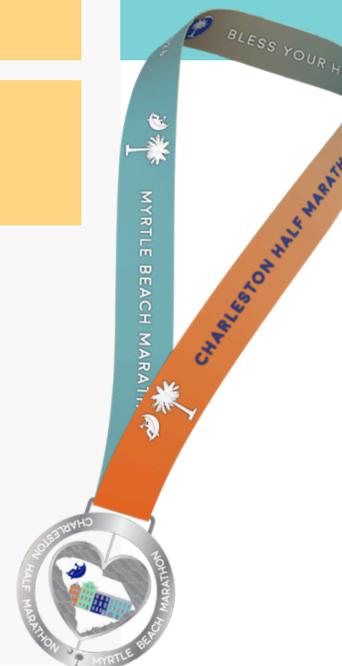
**Overall Awards** Overall awards for each distance will be presented to the top 3 male and female finishers, based on gun time. **Awards will not be mailed.**

**Overall Award Time** Overall awards will be announced at the **DJ stage** in the Pelicans Stadium. • Half Marathon: 9 AM • Marathon: 10 AM  
• Elite Field: 10:30 AM

**Age Group Awards** Age group awards will be given to the top 3 male and female finishers in each age group for both distances based on chip time. Age group awards will be available for pick-up at the award tent after the announcement of the overall awards. **Awards will not be mailed.**

**Age Groups** 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over

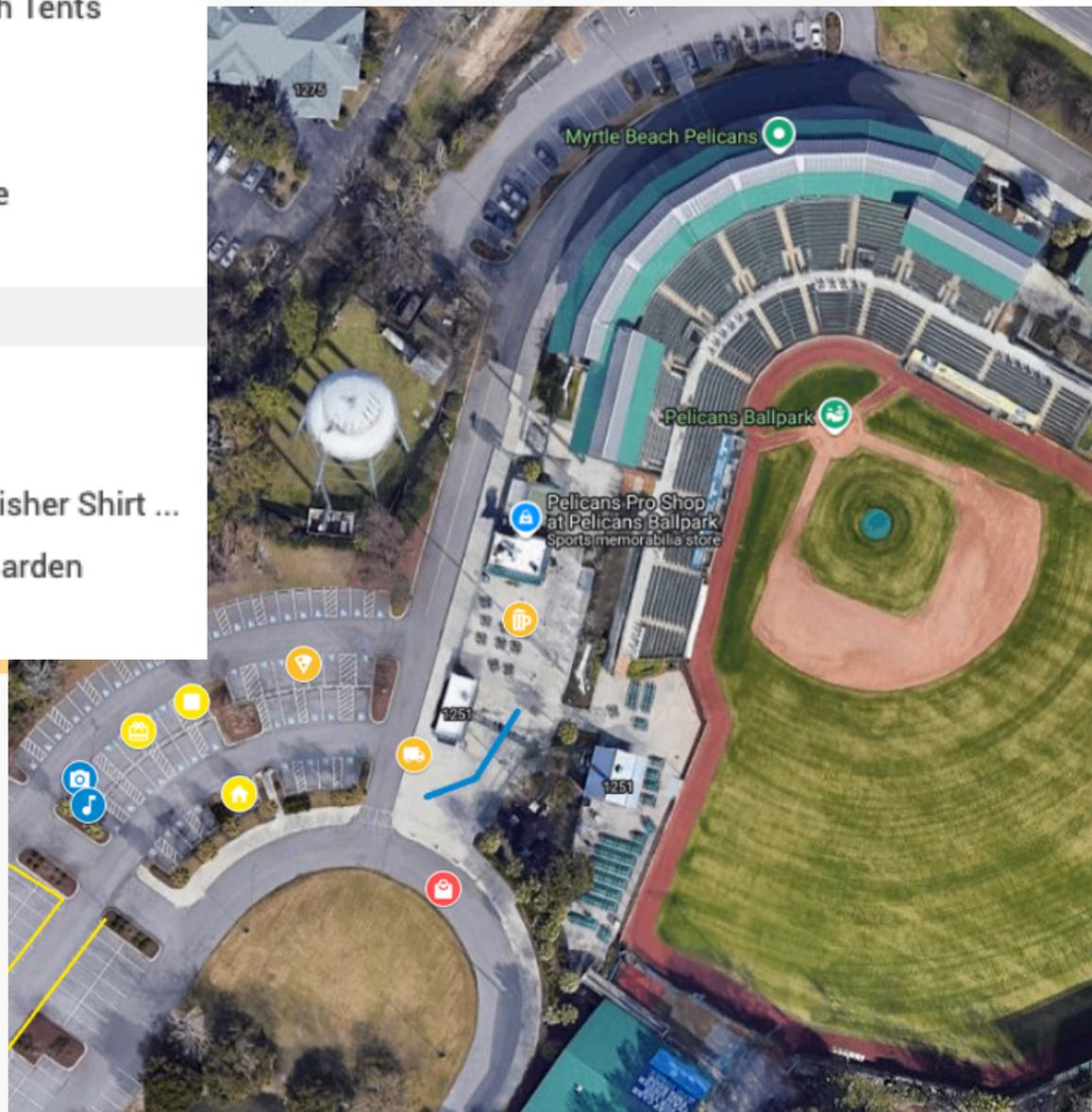
**V10k AND BYHB** In addition to age group medals, extra medals—such as the Virtual 10k and Bless Your Heart Bling—can be picked up at the **Awards Tent** during the post-race party.



# POST-RACE PARTY MAP\*

\*Location has moved to the parking lot of the Pelicans Stadium due to construction

-  Photobooth Backdrop
-  DJ/Overall Awards Announced
-  Official MB Merch Tents
-  Sponsor Tents
-  Sponsor Tents
-  Customer Service
-  Award Tent
-  Beer!
-  Pizza
-  Food Trucks
-  Extra Swag & Finisher Shirt ...
-  Enter/Exit Beer Garden
-  Finish Line



[Click map for interactive Google Map of post-race locations.](#)

# POST-RACE

## Race Photos

Within 2-3 days of the race, you will receive an email from the race photographer, Finisher Pix, with race photos.

## Results

There will not a results tent at the finish line, but a results link will be shared via email and will be on our website.

## Results Correction

We will share information about how to correct your results after the race.

## Survey

We value your feedback! After the race, you'll receive an email with a short survey link. Taking a few minutes to share your thoughts helps us improve and make next year's event even better.



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